

The International Association of Eating Disorder Professionals Tucson Chapter Presents

Amy Wasserbauer, Ph.D., CEDS & Pam Micca, M.Ed., LPC, ACS, CEDS

Creative Methods of Addressing the Impact of a Shame Identity on Eating Disorder Treatment & Recovery

Date: Wednesday, June 8, 2016

Time: 7:45am - 8:15am Check In, Breakfast & Networking
8:15am - 11:30am Announcements & Presentation

Location: Plaza Arboleda Conference Center
2502 N. Dodge Blvd, Tucson, AZ 85716
(520) 618-8881

Registration: <http://tucsoniaedp.com/events>

Contact: tucsoniaedp@gmail.com



Amy Wasserbauer, Ph.D., CEDS & Pam Micca, M.Ed., LPC, ACS, CEDS

IAEDP Members:	\$30	Non-Members:	\$35
Students:	\$10	At the door:	\$40

This Intermediate level presentation is designed to help you:

1. Describe how to assist a client/patient to examine their life story to identify past wounds and unmet needs that influence the development of shame based identity;
2. Demonstrate how to assist patient/client in examining how a shame identity impacts the development and maintenance of an eating disorder,
3. List at least 3 change skills that can be taught to clients/patients for successful treatment and recovery;

Description:

This presentation enables participants to synthesize how shame impacts early childhood development with how a shame identity impacts eating disorders. It will enable clinicians to teach the use of skills sets that reduce and extinguish shame, thus insuring movement forward in treatment and recovery.

Amy Wasserbauer, Ph.D. is a licensed Clinical Psychologist in Arizona. She is a psychologist at Arizona State University Counseling Services, and is the Clinical Lead at the Downtown Campus. She has worked at ASU since October, 2011. Prior to working at ASU, she was a Primary Therapist, Family Therapist, and Assistant Clinical Director at Remuda Ranch Programs for Eating Disorders for ten years. Amy received her Ph.D. in Clinical Psychology from Seattle Pacific University. She has fifteen years of experience working in higher education in student life settings. She has over 30 years of experience presenting in academic, social, and church settings on eating disorders, identity development, relationship issues, group leadership, and spiritual growth.

Pam Micca, M.Ed., LPC, ACS is a Licensed Professional Counselor in the State of Arizona. She received her Master's in counseling from Cleveland State University in Cleveland, Ohio. She was a Primary Therapist, Assistant Clinical Director, and Director of Clinical Services for 12 years at Remuda Ranch Programs for Eating Disorders. She then worked at an acute inpatient psychiatric hospital as the Director of Social Services, prior to opening her own consulting and education firm in early 2012 called Healthy Women, Healthy Girls LLC. She is a speaker and writer on various eating disorder, behavioral health, and spiritual growth topics.

This workshop is appropriate for: Mental health professionals, physicians, nurses, dietitians, nutritionists, school counselors, school psychologist, health coordinators, and any other helping profession with an interest in learning more about the prevention, treatment and recovery from an eating disorder.

3 Continuing Education Credits available: Approval #PCE3587. RN as required by the California Board of Registered Nursing. Approval #CEP 12719. Psychologists - This program is co-sponsored by Sierra Tucson and IAEDP Tucson. Sierra Tucson is approved by the American Psychological Association to sponsor continuing education for psychologists; Sierra Tucson maintains responsibility for this program and its content.

The iaedp Foundation, Inc., and their affiliated Chapters do not endorse any individual sponsors, treatment facilities, or their treatment philosophies. The accuracy of information is based on the presenters own research and resources.

A Special Thank You to our Sponsors:

