



iaedp-Tucson™ Chapter



International Association of Eating Disorder Professionals Foundation
Presents:

Stefanie Carnes, Ph.D.

Medicating with Food and Sex: When Disordered Eating and Intimacy Disorders Collide

Date: Wednesday, February 5, 2020

Time: 7:45am - 8:15am Check In, Breakfast & Networking
8:30am – 11:30am Announcements & Presentation

Location: Embassy Suites Tucson - Paloma Village
3110 E. Skyline Drive, Tucson, AZ 85718
(520) 352 - 4000

Registration: <http://tucsoniaedp.com>

Contact: tucsoniaedp@gmail.com



Stefanie Carnes, Ph.D.

IAEDP Members:	\$35	Non-Members:	\$40
Students:	\$15	At the door:	\$45

Upon completion of this intermediate level presentation you will be able to:

- 1) Describe common clinical profiles of intimacy disorders that emerge when disordered eating is present.
- 2) Discuss clinical treatment recommendations.
- 3) Name common considerations for clients of different genders, orientations and cultural backgrounds when both disordered eating and intimacy disorders are present.

Description: Many patients with disordered eating are also challenged with relationship and intimacy issues such as compulsive sexual behaviors, problematic pornography use, love and relationship addiction and toxic relationships. In this presentation, Dr. Stefanie Carnes will present some of the most common clinical profiles that we see when both disordered eating and intimacy issues are present. Treatment recommendations for patients struggling in these areas will be addressed.

Stefanie Carnes, Ph.D. is the President of the International Institute for Trauma and Addiction Professionals, and a senior fellow for The Meadows Behavioral Healthcare where she works with sexually addicted clients and their families. She is a licensed marriage and family therapist and an AAMFT approved supervisor. Dr. Carnes is also a clinical sexologist, and certified sex addiction therapist and supervisor, specializing in therapy for couples and families struggling with sexual addiction. She is also the author of numerous publications including *Mending a Shattered Heart: A Guide for Partners of Sex Addicts*, and *Facing Heartbreak: Steps to Recovery for Partners of Sex Addicts*, and *Facing Addiction: Starting Recovery from Alcohol and Drugs*.

This workshop is appropriate for: Mental health professionals, physicians, nurses, dietitians, nutritionists, school counselors, school psychologists, health coordinators, and other helping professions with an interest in learning more about the prevention, treatment and recovery from an eating disorder.

3 Continuing Education Credits available: Psychologists - This program is co-sponsored by The Meadows and iaedp-Tucson. The Meadows is approved by the American Psychological Association to sponsor continuing education for psychologists; The Meadows maintains responsibility for this program and its content. Participants must be present for the entire presentation and complete the evaluation in order to obtain a CE certificate. This course meets criteria for 3.0 hours of continuing education credit hours for psychologists.

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