

IAEDP Tucson Education Event

Barbara Pritchard, Ph.D.

Treatment of Eating Disorders from a Psychodynamically Informed Perspective: Why When and (Maybe Even) How

Date: Wednesday, September 30, 2015

Time: 7:45am - 8:15am Check In, Breakfast & Networking
8:15am - 11:30am Announcements & Presentation

Location: Catalina United Methodist Church
2700 E. Speedway Blvd, Tucson, AZ 85716
(520) 327-4296

Registration: <http://tucsoniaedp.com/events>



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IAEDP Members: \$30 **Non-Members:** \$35
Students: \$10 **At the door:** \$40

This intermediate presentation is designed to help you:

1. Describe the factors influencing the typical course and outcome of eating disorders.
2. List the criteria for defining psychodynamically-informed treatment of eating disorders.
3. Use a set of guidelines for selecting and applying a psychodynamically-informed treatment approach as distinct from other treatment approaches.

Description: Eating disordered patients remain among the most challenging with whom we work. The often disappointing treatment outcomes with such patients have fueled ongoing efforts to understand relevant etiological factors to inform refining approaches to treatment. This presentation provides an overview of the most frequently occurring eating disorders, their typically limited treatment outcomes, and an approach to conceptualizing the etiological factors influencing those outcomes that suggests the application of psychodynamically-informed treatment. Such treatment will be defined broadly and presented in summary form encouraging conceptualization and application in clinical settings.

Barbara E. Pritchard, Ph.D., is an Associate Clinical Professor in the Department of Psychiatry at the University of Arizona Health Sciences Center where she teaches and supervises psychiatry residents on the theory and practice of psychodynamic psychotherapy. Dr. Pritchard received her Ph.D. in Clinical Psychology from the U of A, where she was awarded an NIMH grant. She has received numerous awards for her teaching and her commitment to mental health issues. Dr. Pritchard has supervised several Department of Psychiatry research studies related to chronic depression. Her research efforts were recognized with a special award presented by the Arizona State Psychological Association at its 50th anniversary convention. She also maintains a private practice as a clinical psychologist, in which she serves as a consultant and supervisor to other mental health professionals as well as providing psychoanalytic psychotherapy to her patients. Professional areas of interest include personality disorders, eating disorders, women's issues, chronic depression, and clinical supervision. Dr. Pritchard serves as a consultant and invited speaker at state, national, and international meetings. She is a past president of the Southern Arizona Psychological Association and twice past president of the Southwest Psychoanalytic Society. As part of the Continuing Education Committee of the Arizona Psychological Association (AzPA) she was pivotal in developing new continuing education guidelines, and served on the AzPA Ethics Committee. As a result of such diverse professional efforts and performing opera, she is listed in Who's Who of American Women.

This workshop is appropriate for: Mental health professionals, physicians, nurses, dietitians, nutritionists, and any other helping profession with an interest in learning more about the prevention, treatment and recovery from an eating disorder.

CE Credit: 3 Continuing Education Credits available: MFT, LCSW as required by the California Board of Behavioral Sciences. Approval #PCE3587. RN as required by the California Board of Registered Nursing. Approval #CEP 12719. Psychologists - This program is co-sponsored by Sierra Tucson and IAEPD Tucson. Sierra Tucson is approved by the American Psychological Association to sponsor continuing education for psychologists; Sierra Tucson maintains responsibility for this program and its content. Participants must be present for the entire presentation and complete the evaluation in order to obtain a CE certificate.

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