

IAEDP Tucson Presents Philip S. Mehler, MD

When an Eating Disorder Patient Needs Medical Treatment: Perils, Pitfalls & Follow-up

Date: Wednesday, April 13, 2016

Time: 7:45am - 8:15am Check In, Breakfast & Networking

8:15am - 10:30am Announcements & Presentation

Location: Plaza Arboleda Conference Center

2502 N. Dodge Blvd, Tucson, AZ 85716

(520) 618-8881

Registration: http://tucsoniaedp.com/events

Contact: <u>tucsoniaedp@gmail.com</u>

IAEDP Members: \$30 Non-Members: \$35 Students: \$10 At the door: \$40



Philip S. Mehler, MD

This Intermediate level presentation is designed to help you:

- 1. Identify at least three medical problems related to bulimia nervosa, and how to manage them;
- 2. Explain at least three medical problems related to anorexia nervosa, and how to manage them.
- 3. Define at least three signs/symptoms that signal a need a higher level of care for ongoing management of medical problems.

Description:

The many serious medical complications associated with anorexia and bulimia can directly impact the ability to achieve an overall successful outcome. It is critical that eating disorder professionals familiarize themselves with how to treat the medical complications associated with anorexia nervosa and bulimia, regardless of duration or severity. Led by Dr. Philip S. Mehler, this presentation will address the medical complications of these disorders and the most effective treatment methods.

Philip S. Mehler, MD, CEDS, FACP, FAED is Executive Medical Director and Chief Medical Officer for Eating Recovery Center. Dr. Mehler is the designated head of medical services across Eating Recovery Center's full treatment spectrum, including Inpatient, Residential, Partial Hospitalization, Intensive Outpatient and Outpatient levels of care. He is the founder of ACUTE@Denver Health. Dr. Mehler has over 30 years of experience in the field of eating disorders and has lectured extensively on a national and international level as the leading medical expert on the topic of medical complications of eating disorders. Dr. Mehler is a noted administrator, researcher, author and leader in this field. He was the recipient of the Academy of Eating Disorders 2012 Outstanding Clinician Award, has been recognized among the "Best Doctors in America" for the past 16 years, and was voted the "Top Internist in Denver" multiple times by 5280 magazine.

This workshop is appropriate for: Mental health professionals, physicians, nurses, dietitians, nutritionists, school counselors, school psychologist, health coordinators, and any other helping profession with an interest in learning more about the prevention, treatment and recovery from an eating disorder.

2 Continuing Education Credits available: Approval #PCE3587. RN as required by the California Board of Registered Nursing. Approval #CEP 12719. Psychologists-This program is co-sponsored by Sierra Tucson and IAEDP Tucson. Sierra Tucson is approved by the American Psychological Association to sponsor continuing education for psychologists; Sierra Tucson maintains responsibility for this program and its content. Participants must be present for the entire presentation and complete the evaluation in order to obtain a CE certificate. The laedp Foundation, Inc., and their affiliated Chapters do not endorse any individual sponsors, treatment facilities, or their treatment philosophies. The accuracy of information is based on the presenters own research and resources.

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