IAEDP Tucson Education Event
Molly Kellogg, RD, LCSW

The Language of Change: Working with a Client's Own Words to Support Recovery

Date: **Thursday, February 6, 2014**

Time:
7:45am - 8:15am   **Check In, Breakfast & Networking**
8:15am - 11:30am   **Announcements & Presentation**

Location:
Tucson Scottish Rite Temple
160 S. Scott Avenue
Tucson, AZ 85701

Registration: http://mollykellogg.eventbrite.com

IAEDP Members:	**$25**
Non-Members:	**$30**
Students:	**$10**
At the door:	**$35**

Molly Kellogg, RD, LCSW

3.0 CE credits will be provided by Sierra Tucson*

Objectives:
1. Recognize change talk
2. Apply effective responses to change talk
3. Assess motivation for change through language

Molly Kellogg is the author of Counseling Tips for Nutrition Therapists: Practice Workbook. She is a nationally recognized expert on health behavior change based in Philadelphia, PA. Molly is a member of the Motivational Interviewing Network of Trainers and served on the American Dietetic Association Evidence Analysis Library Nutrition Counseling Workgroup. Her two-day Motivational Interviewing workshop, called the Counseling Intensive, is conducted nationwide.

In this workshop you will learn to recognize and encourage "change talk". This concept from motivational interviewing is a vital link in the normal process of change. We will look at ways to be more deliberate and skillful with language that will enhance your patients' change talk and result in steps toward recovery.

*Sierra Tucson is approved by the American Psychological Association to sponsor continuing education for psychologists. Sierra Tucson maintains responsibility for the program and its content; MFT, LCSW as required by the California Board of Behavioral Sciences, Approval #PCE3587; RN as required by the California Board of Registered Nursing, Approval #CEP 12719; and NAADAC, National Association of Alcoholism and Drug Abuse Counselors, approved Education Provider Program, Provider #471 for 3 contact hours.

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